

Makeup tips and Links from Alexis

Steps to cover dark shadows around the eye

Use an eye cream to hydrate, pat around orbital bone, not on eye lid or corners of eyes. I recommend Kiehl's Avocado hydrating eye cream -

https://www.feelunique.com/p/Kiehls-Creamy-Eye-Treatment-with-Avocado14ml?curr=GBP&gclsrc=aw.ds&gclid=EAIaIQobChMIoJ_Ft_vl6QIVKIBQBh2ApAe1EAYYASABEgLzzfD_BwE

Colour correct the darkest parts of the skin. Use only a little and dab using your finger or a little flat brush. For a more purple shade under eye colour use a peachy tone-

https://www.lookfantastic.com/nyx-professional-makeup-3c-palette-color-correctingconcealer/11530558.html?affil=thggsad&switchcurrency=GBP&shippingcountry=GB&shoppingpid=15MAKEUP&thg_ppc_campaign=7170000066182767&adtype=pla&product_id=11530558&gclsrc=aw.ds&gclid=EAIaIQobChMI8JTRhPzI6QIVB-7tCh1BHw41EAQYBiABEgJ77vD_BwE

Find your matching concealer. Dab on the dark circles and around the eyes to match the concealer with the rest of your skin. Use fingers or flat brush. Try not to wipe the concealer. Instead dab on a little bit at a time.

In the video - you can clearly see the steps (method) to apply concealer to dark shadows. Please note the girl applies the make-up heavily.

<https://www.youtube.com/watch?v=nTb1OBKyT3o>

List of sun cream products...

50 SPF face sun cream which is also mattifying for shiny skin -

https://www.lookfantastic.com/vichy-ideal-soleil-dry-touch-face-cream-spf-5050ml/11091692.html?affil=thggsad&switchcurrency=GBP&shippingcountry=GB&thg_ppc_campaign=71700000048706512&adtype=pla&product_id=11091692&gclsrc=aw.ds&gclid=EAIaIQobChMIw9qW2P3I6QIV24BQBh2RWwiOEAYAYABEgK8wPD_BwE

Good 30 SPF for face -

<https://www.boots.com/festival/sunprotection/soltan-protect-and-moisturise-mini-lotion-spf30-50ml-10245693>

Sunscreen with tint so you can have bit of colour too -

[https://www.boots.com/no7-protect-and-perfect-intense-advanced-bb-facial-sun-protection-spf50-medium-50ml-10189335?cm_mmc=bmm-buk-google-ppc--PLAs--\(GB:Whoop!\)+No7--\(GB:Whoop!\)+Boots+Shopping+-+Category+-+No7+-+Desktop&gclsrc=aw.ds&gclid=EAIaIQobChMItoea6f7I6QIVhe7tCh22rw_tEAQYAiABEgLU9PD_BwE](https://www.boots.com/no7-protect-and-perfect-intense-advanced-bb-facial-sun-protection-spf50-medium-50ml-10189335?cm_mmc=bmm-buk-google-ppc--PLAs--(GB:Whoop!)+No7--(GB:Whoop!)+Boots+Shopping+-+Category+-+No7+-+Desktop&gclsrc=aw.ds&gclid=EAIaIQobChMItoea6f7I6QIVhe7tCh22rw_tEAQYAiABEgLU9PD_BwE)

Sun screen for sensitive skin

<https://www.aldi.co.uk/extra-sensitive-sun-lotion-spf50%2B/p/074400214427904>

Cream Eyeshadows to blend using fingers...

Good selection of colours and a little brush comes with it!	https://www.boots.com/revlon-colorstay-creme-eye-shadow-10230085
The one I showed you on the zoom. Charlotte Tilbury Colour chameleon eyeshadow stick. You can choose the opposite colour to your eyes. More money but really good! Don't forget to smudge quickly, it dries quickly.	https://www.johnlewis.com/charlotte-tilbury-colour-chameleon-eyeshadow-pencil/p2127496?s_ppc=1dxDSA-BEAUTY39700020053400474&tmad=c&tmcampid=1&gclid=aw.ds&gclid=EAIaIQobChMI6a-K8YDm6QIViZntCh3qBA5JEAAyAAEgKNOFD_BwE
My Makeup Artist friends facebook page for tips on makeup and skincare	https://www.facebook.com/groups/CHbeautyinsideandout/
Curl Creams for hair....	
Very popular -	https://www.sainsburys.co.uk/gol-ui/product/hair-treatments-44/cantu-shea-butter-coco-curl-crm-340g
A Leave in conditioner that I use myself and have been for many years, brilliant! -	https://www.allbeauty.com/gb/en/1174501-phyto-styling-phyto-9-nourishing-day-cream-with-9-plants-for-ultra-dry-hair-50ml-1-7-fl-oz?abref=GoogleShoppingCsGoogleUkSandgoogleUkB&utm_source=PLA&utm_medium=CPC&ref=%7Badtype%7D&gclid=EAIaIQobChMIhbiY9YLm6QIVyrHtCh3pdwTR EAQYASABEgKsNvD_BwE
Aveda - Light elements defining whip (used by Lesley) It gives extra texture and body - helps smooth out my fine wavy hair - Use a very small amount - it lasts a long time	https://www.aveda.co.uk/product/17772/16801/styling/waxpastepomade/light-elements-defining-whip#/shade/125_ml
Other product possibilities Shea moisture smoothie (super drug) Bumble an bumble Tresemme Moroccan oil mask Also coconut oil & argon oil products	https://www.superdrug.com/Hair/Curl-Cream/Shea-Moisture-Coconut-Curl-Enhancing-Smoothie-326ml/p/708626 https://www.bumbleandbumble.co.uk/shop-all-hair-products https://www.lookfantastic.com/home-beauty-essentials.list
Look fabulous forever (mature skin) UK website with good ideas & advice - video tutorials too (Lesley)	https://www.lookfabulousforever.com/welcome?gclid=EAIaIQobChMI6ITFgffm6QIVzrvVCh0eLA3qEAAYASAAEgLf9_D_BwE
Hair loss - seek medical / professional advice	https://www.nhs.uk/conditions/hair-loss/ https://www.bupa.co.uk/newsroom/ourviews/female-hair-loss-support-for-women#:~:text=If%20you%20have%20female%20pattern,short%20term%20for%20some%20women.